



Whether you've recently been widowed and are still struggling with the loss, or you've been widowed for some time, **JOYFUL AGAIN** is a program is

designed to help you move on with life while still treasuring your past and its precious memories.

Joyful Again is for both men and women of all ages who have been widowed and are still trying to find hope and new joy in life. This unique retreat/workshop will be held at several locations in the next few months and all are welcome!

What: **Joyful Again 2-Day Overnight Retreat/Workshop for Widowed Men & Women**

When: **March 1-2, 2025** - University of St. Mary of the Lake, Mundelein, IL

April 5-6, 2025 - St. Mary's Retreat House, Lemont, IL

June 28-29, 2025 - St. Julie Billiart Parish, Tinley Park, IL (overnight accommodations not available)

For more information on upcoming retreats, visit our website at www.joyfulagain.org; call us at 708-354-7211; or e-mail us at joyfulagain7211@gmail.com.

The Good News from St. Michael School



Congratulations to the St. Michael School Virtue winners for January. The Virtue for January was **Gratitude** and these students were chosen by their teachers for "seeing everything as a gift and being thankful" in all circumstances.

Our First Graders really got into the spirit of gratitude by brainstorming everything for which they are grateful...from puppies to parents to St. Michael School...and then they created a Tree of Gratitude. A big thank you to our First Graders for their creativity and colorful expression, and to Mrs. Weslow and Ms. Blanco, who are bursting with great ideas!

